SIGNPOST

The Owmby Group of Parishes Magazine

Volume 24 December 2015 / January 2016 Issue 9

Steve and the whole Signpost Team would like to wish local parishioners and readers worldwide a very Merry Christmas and a Happy New Year.



Special thanks go to our advertisers, volunteers and donators who all help get Signpost to you each month.

OPERATION CHRISTMAS CHILD - SHOEBOX APPEAL

For the fourth year running we would like to continue helping this worthwhile cause by asking you to recycle your used Christmas Cards again.

All of the appropriate cards which you donate will be included in next year's shoe boxes, so that children can both enjoy the picture on one side & use it as a writing pad the other. (It would help greatly if you could cut off the front of the card only & place it in the collection box).

A collection box for the cards will be placed in each of our Churches, and if you are unable to place them in the box in Church, then please just hand them to any church member, or your local churchwarden.

USED STAMPS FOR ST. BARNABUS HOSPICE

May we also ask you to kindly donate your used stamps to give to St. Barnabus Hospice please? A collection box will be available alongside the card collection container for this purpose.

Thank you in advance for your help.
Ann Crossland

CHRISTIANS GET TOGETHER

A few of us from both the Owmby and Springline sides of the A15 meet every week for what we loosely call “Bible Study”. We look at something Biblical and chew it over, generally trying to fix our lives and sort out the world in a peaceful, compassionate and loving fashion.

From January we will be meeting on Wednesday afternoons from 2 p.m. until 4 p.m.

If you would like to join us, give a call to either
John and Audrey Beverley (01522 730752)
Rosemary Cox (01673 878258) …
… and we'll tell you where we are meeting that week. We can provide transport if you need it.

FROM THE MINISTRY TEAM

LIGHT A CANDLE FOR CHRISTMAS

Much to my wife's disgust I'm getting excited about Christmas already (and it's not half way through November when I'm writing this).

The word Christmas comes from the old English word Cristesmæsse meaning Christ's Mass. It's the time when billions of people the world over celebrate the birth of Christ.

In the melee of torn off wrapping paper, chocolate, bacon butties and then turkey, I've found a way to keep the "Christ" in "Christmas".

As we sit down to dinner I light a candle. All the time we are eating that candle remains alight - a symbol of Christ present with us at the table. Christ - in the candle - stays with us all the time we are eating and chatting. Of course, I forget, but when I see the flame I remember - this is Christ-mas Day. At the end, when we clear away, Christ is still present with us. Even if we forget him, he never forgets us.

I also recall that in a pitch black place, the darkest place and time, that light conquers the dark. And if I put my hands near the flame I feel its warmth. Fire purifies - makes clean.

Please just stop on Christmas Day and light a candle. Let it burn, bring light. Remember that Christmas is about Christ.

John Beverley

PRAYER FOCUS FOR DECEMBER/JANUARY

"She wrapped him in cloths and placed him in a manger, because there was no room for them in the inn". Luke 2.7.
This Christmas we pray for those who have no home.
For those torn away from their homes by war, natural disasters, famine or the cruelty of other human beings.
Help us, Lord to be generous in caring for our displaced sisters and brothers.

BISHOP OF LINCOLN'S LETTER

Dear friends,

The end of another year is a good opportunity to see how far we've come. And it's been quite a year, both in the Diocese of Lincoln, and in our national life. We've had a general election, we've had people coming and people going, both nationally and in the diocese. Some projects have been completed, and others have begun.

December may bring us a reminder of how long our New Years' resolutions have fallen by the wayside, and how much bigger the challenge is for the next year. For me, the big thing is that we're heading in the direction I envisaged when I came to the diocese four years ago. We have resolved to build the kingdom of God in our part of England, and each year brings its new challenges to fulfil the work we're called to do.

We live in a broken world, where society strives superficially for perfection. But at this time of year, we celebrate God being among us, born in danger and poverty. It wasn't the perfect birth for a perfect God. It was a very real human experience, which serves to remind us that despite our imperfections and the challenges we face, we have a Gospel to proclaim.

The celebration of the birth of Christ is the chance to resolve to do the very best we can in the service of God. And while we can never be perfect, we have a perfect example in the birth, life, death and resurrection of Jesus Christ.

I wish you a very happy and peaceful Christmas.

+Christopher Lincoln:

Welton & District Royal British Legion

The Branch Remembrance Day Service on Sunday 8th November began around the Scothern Memorial when Rev. Adam Watson led the congregation in the commitment. Wreaths were laid and the names of the fallen of both World Wars were remembered.

A service in St Germain's Church, Scothern followed when the Church was full to capacity with the Youth Groups of the village being present and Scothern Chorale also taking part. Rev. Adam Watson officiated at both events and Ian Watson, President of the local Branch gave a very moving and inspiring address. The Armistice Service was again held at Welton Memorial when the two village schools were well represented and wreaths were laid at the memorial.

After a successful Poppy Collectors' Evening on 13th October and the Branch Annual General Meeting on 17th November the Branch will hold its next social evening on **15th December at 7.45pm at Welton Sports and Social Club**. If you would like to learn more about the Royal British Legion and get involved please come along to the meeting on that Tuesday when all will be welcome.

POPPY APPEAL 2015

The amounts raised in the Owmby Group Villages are:

Glentham - £699.59 Cold Hanworth - £54.59 Owmby - £161.53
Hackthorn - £480.98 Spridlington - £241.28 Saxby - £80.56
Normanby - £178.21

Owmby Group Total - £1896.74

Total raised in HCG25 area will be published in February 2015 Signpost.

Thank you to all village collectors, schools, shops etc. For a superb result and to all who donate so generously to this Appeal.

Don Moore, Poppy Appeal Organiser HCG25 - Tel: 01673 860732

Have you visited the Owmby Group website?
http://owmbygroup.co.uk

Signpost Online - Including Back Issues
http://owmbygroup.co.uk/signpost

The latest date for entries to the February 2016 Signpost is Friday the 15th of January at 6:00 p.m.

DAILY CHURCH SERVICES

Monday	8:30 a.m.	Morning Prayer	Brattleby
	11:00 a.m.	Holy Communion	Scampton
Tuesday	9:30 a.m.	Morning Prayer	Spridlington (not 22nd or 29th of Dec)
Thursday	8:30 a.m.	Morning Prayer	Burton (not 31st of Dec)
Friday	4:00 p.m.	Evening Prayer	Spridlington (not 25th of Dec)
Saturday	8:30 a.m.	Morning Prayer	Burton (not 26th of Dec)

OWMBY GROUP CHURCH SERVICES IN DECEMBER

Sunday 6th	9:30 a.m.	Holy Communion	Glentham	MC
2nd of Advent	11:00 a.m.	Holy Communion	Spridlington	ST
	6:00 p.m.	Evening Prayer	Owmby	ST
Sunday 13th	8:30 a.m.	Holy Communion	Spridlington	ST
3rd of Advent	9:30 a.m.	Holy Communion	Hackthorn	JD
	6:00 p.m.	Joint Carol Service	Glentham Chapel	AC/JH
Friday 18th	TBC	Outdoor Nativity	Hackthorn	
Sunday 20th	11:00 a.m.	Carol Service	Hackthorn	ST
4th of Advent				
Thursday 24th	4:00 p.m.	Crib Service	Owmby	LH
Christmas Eve	11:30 p.m.	Midnight Mass	Spridlington	ST/JD
Friday 25th	10:00 a.m.	Morning Service	Glentham	ST
Christmas Day				
Sunday 27th	9:30 a.m.	Holy Communion	Saxby	MC
1st of Christmas	11:00 a.m.	Christingle	Owmby	LH

SPRINGLINE CHURCH SERVICES IN DECEMBER

Sunday 6th	9:00 a.m.	Holy Communion	Ingham	JH
2nd of Advent	9:30 a.m.	Morning Prayer	Burton	JB
	10:15 a.m.	Christingle	Scampton	SD & TEAM
	10:30 a.m.	Holy Communion	North Carlton	JH
Sunday 13th	9:00 a.m.	Holy Communion	Cammeringham	BW/JB
3rd of Advent	9:30 a.m.	Holy Communion	Burton	JH
	10:30 a.m.	Family Service	Ingham	CM/BE
	10:30 a.m.	Holy Communion	South Carlton	SD
	6:30 p.m.	Carol Service	Scampton	SD
Wednesday 16th	6:15 p.m.	Promenade Nativity	Ingham	
Thursday 17th	7:00 p.m.	Carol Service	South Carlton	Churchwardens
Sunday 20th	8:30 a.m.	Holy Communion	Ingham	SD
4th of Advent	9:30 a.m.	Holy Communion	Scampton	JH
	9:30 a.m.	Morning Prayer	Burton	JB
	10:30 a.m.	Morning Prayer	North Carlton	NH
	3:00 p.m.	Carol Service	Burton	JH
	6:00 p.m.	Carol Service	Fillingham	BW
Tuesday 22nd	6:30 p.m.	Carol Service	North Carlton	Bishop of Grimsby
Thursday 24th	8:30 a.m.	Morning Prayer	Burton	JH
Christmas Eve	4:00 p.m.	Nativity	Scampton	SD
	8:30 p.m.	Holy Communion	Ingham	BW
	11:30 p.m.	Midnight Mass	Burton	JH
Friday 25th	9:00 a.m.	Holy Communion	Cammeringham	JH
Christmas Day	10:30 a.m.	Joint Service	Ingham Chapel	HH
	10:30 a.m.	Morning Service	Brattleby	JH
	10:30 a.m.	Holy Communion	North Carlton	BW
Sunday 27th	9:30 a.m.	Holy Communion	Burton	JH
1st of Christmas	10:30 a.m.	Joint Service	Ingham Church	NH
	11:00 a.m.	Holy Communion	Brattleby	SD

GLENTHAM METHODIST CHAPEL IN DECEMBER

Sunday 6th	10:45 a.m.	Family Church	Dr Don Owen
Sunday 13th	6:00 p.m.	United Carol Service	AC/PA
Sunday 20th	10:45 a.m.	Messy Church	

Church is home. Church is people. Church is friends.
Church is family. You need them. They need you.

OWMBY GROUP CHURCH SERVICES IN JANUARY

Sunday 3rd	9:30 a.m.	Holy Communion	Glentham	tbc
	11:00 a.m.	Holy Communion	Spridlington	RC
	6:00 p.m.	Evening Prayer	Owmby	LH
Sunday 10th	8:30 a.m.	Holy Communion	Spridlington	MC
The Baptism of Christ	9:30 a.m.	Holy Communion	Hackthorn	JD
	6:00 p.m.	Covenant Service	Glentham Chapel	AC/ST
Sunday 17th	9:30 a.m.	Holy Communion	Owmby	JD
2nd of Epiphany	11:00 a.m.	Family Service	Hackthorn	JB
	6:00 p.m.	Evening Prayer	Spridlington	AH
Sunday 24th	9:30 a.m.	Holy Communion	Saxby	BW
3rd of Epiphany	11:00 a.m.	Family Service	Owmby	LH
	6:00 p.m.	Evening Prayer	Glentham	ST

SPRINGLINE CHURCH SERVICES IN JANUARY

Sunday 3rd	9:00 a.m.	Holy Communion	Ingham	RC
	9:30 a.m.	Morning Prayer	Burton	JB
	10:15 a.m.	Family Service	Scampton	SD & TEAM
	10:30 a.m.	Holy Communion	North Carlton	BW
Sunday 10th	9:00 a.m.	Holy Communion	Cammeringham	SD
The Baptism of Christ	9:30 a.m.	Holy Communion	Burton	ST
	10:30 a.m.	Family Service	Ingham	CM/BE
	10:30 a.m.	Holy Communion	South Carlton	JH
	11:00 a.m.	Holy Communion	Fillingham	SD
	12:30 a.m.	Holy Baptism	Brattleby	JH
	6:00 p.m.	Evening Prayer	Scampton	SD
Sunday 17th	8:30 a.m.	Holy Communion	Ingham	JH
2nd of Epiphany	9:30 a.m.	Holy Communion	Scampton	SD
	9:30 a.m.	Morning Prayer	Burton	C/wardens
	10:30 a.m.	Morning Prayer	North Carlton	NH
Sunday 24th	9:30 a.m.	Holy Communion	Burton	Archdeacon of Stow & Lindsey
The 3rd of Epiphany	10:30 a.m.	Joint Service	Ingham Methodist Chapel	HH
	11:00 a.m.	Holy Communion	Brattleby	BW

GLENTHAM METHODIST CHAPEL IN JANUARY

Sunday 10th	6:00 p.m.	United Covenant Service	Rev Anne Coates
Sunday 17th	10:45 a.m.	Messy Church	
Sunday 24th	8:45 a.m.	Breakfast 9:30 a.m. Service	John Ramm
Sunday 31st	4:00 p.m.	Cafe Church	Rev Anne Coates

From the Registers of The Owmby Group & The Springline Parish



We welcome into the family of the Church by baptism
Grace Evelyn Matthews at St Luke, North Carlton, on 8 November

We remember with love those who have died
Derek Franklin - service held at Lincoln Crematorium, on 16th November

We share in the joy of those being joined in marriage in the Church
William Foster and Sophie Duckworth at All Saints, Ingham, on 22 August
Andrew Calder and Phillipa Davies at All Saints, Ingham, on 21 November
Alexander Pericleous and Caroline Amy Hepburn at St Vincent's, Burton, on 28 November

You Are Invited To:

FAMILY FRIENDLY AND FUN OUTDOOR NATIVITY

- Find out from the Shepherds' wives what has happened to the shepherds;
- Listen in as the three kings decide what gifts to give the Baby Jesus;
- Look for room at the inn;
- Search for the star and follow it to the Stable to meet the Christmas family.

Our Promenade Nativity will start at Hackthorn Church at 6.30 p.m. on Friday 18th December. It will only take about 20 minutes to promenade through the story to the Village Hall for refreshments, gaining a novel insight into the Christmas story on the way.

Christmas Appeal 2015



The Owmby Group and Springline Parish Ministry Team is organising a Christmas Appeal for The West Lincolnshire Domestic Abuse Service. This organisation gives emergency support and help to women and children who are victims of domestic violence.

Christmas may be a particularly difficult and dangerous time for these people because the incidents of domestic violence can increase at this time of year. Often, the refuge is the only safe haven they can turn to. People can arrive as they are, having left all their personal belongings behind.

With your help we can support the work of the service over the Christmas and New Year period by donating some basic items to help vulnerable women and children feel some sense of normality.



The refuge would be grateful to receive items of toiletries, nightwear for children and toys for children; but no play guns or swords. These do not need to be gift wrapped.

If you would like to help this cause, donations can be left at any of the following drop off points no later than **Friday 18 December**.

GLENTHAM: Village Shop
OWMBY and NORMANBY: Liz Harris: 01673 878829 : Michelle Waite: 01673 878575 (please phone first to ensure that someone will be there to take in the gifts. Liz and Michelle are happy to collect from any elderly or disabled person in their villages)
SAXBY: Tina Harrison, Manor Farm Cottage: Tel: 878551
SPRIDLINGTON: Anne Hunter Brindle House, Owmby Road.Tel: 861276
Claire Marris: Ash Tree Cottage, Faldingworth Road Tel: 861127
HACKTHORN: Cathy Andrews, Stone Cottage, Main Street. Tel: 861058

For any queries please contact Rosemary Cox (878258) or Anne Hunter (861276)

Welton Kids Club

December holiday club open Monday 21st, Tuesday 22nd, Wednesday 23rd December and Monday 4th January 2016, 7.30am to 6.30pm. Why not book your children in with us whilst you finish off your Christmas shopping? We offer half day bookings too. We've lots of exciting make and do activities planned.

Based at the new school hall at Welton St Mary's Academy, we are open term time Monday to Friday: Breakfast club 7.30am to 9am (£4) and Afterschool club 3.30pm to 6.30pm (£7.10). We offer a 10% discount for a second child.

We cater for allergies within our menus.

VACANCY- relief staff needed to join our busy team. Car driver preferred, to cover our Welton and Lincoln settings when required. Hours variable during term time and holidays. For further information please contact Roxy Seagrief on 07824 792779

If you would like to book a place or would like more information for Welton Kids Club please ring 07748 432428 (7.30 am to 6.30 pm) or call Roxy on 07824 762779 out of hours. Information can also be found on our website - weltonkidsclub.co.uk

Maria Wass - Manager

THANK YOU

LOST CAT FOUND

Following the safe return of our much loved cat, Chopin, missing for over four weeks, we would like to thank everybody who responded to our posters and looked out for him. Our particular thanks go to Mr and Mrs Kelly at Old Hall Farm, who found him and were taking the trouble to identify him, and to David and Shirley at the Glentham Stores, who helped in this.

Geoff and Maggie Middleton

A Crown of Joy



A crown of joy in the hands of love,
A hope of heaven shines from above,
As voices of praise rings out on earth,
A gentle morn greets with a babies cry.

Mother holds her baby, singing a lullaby,
A star shines forth to lead the way,
The family greets! The shepherd's hope!
All seems at peace in the manger throne.

A crown of joy is born and yet to die,
As Salvation brings mankind new hope,
A way is born that man might die,
Re-born with Him! Into God's eternal love

This poem was written by Hackthorn resident **John Franks** in December 2001.

FACEBOOK

Like our page on Facebook at www.facebook.com/OwmbyGroup

HACKTHORN & COLD HANWORTH

HACKTHORN C. OF E. PRIMARY SCHOOL

Christmas seems to be arriving even sooner this year what with the balmy autumn temperatures we enjoyed this year. One of the best of those days came courtesy of Hackthorn Hall who invited us over to the walled garden to pick apples. A generous supply of juice and biscuits was provided to sustain the fruit-pickers, who all went home with as many apples as they could carry. Many pies and crumbles were baked, and we would like to extend our thanks to the Hall for giving our pupils this wonderful opportunity.

One of our longest standing traditions is the laying of the wreath at the war memorial on Armistice Day. This is a ceremony shared by the oldest and youngest children of the school and serves also to demonstrate the nurturing culture which has been maintained over the years, where the older children look after the younger ones, and help to teach them the 'Hackthorn Way'.

Non - uniform day is always a popular event for our pupils - especially seeing the staff in their school uniforms! This year almost £100 was raised for Children in Need.

If you are still wondering where to send your child to school next September, but haven't managed to get to any of our activity afternoons so far, don't worry, there is still just enough time left to pay us a visit before the deadline for filling in the forms in January, just give us a call to arrange a visit.

As always, this run-up to Christmas is a busy time with lots going on, we have our Christmas Fayre on Monday 14th from 3:30-5:00pm, so why not come along for some festive cheer, games and goodies? Our usual Carol Service will be held in the Church on 17th December at 2pm. All are welcome, but get there early if you want a seat as it's always a busy one.

This year's Nativity will be on the afternoon of the10th December. Call us if you'd like to come and see it.

Contact the school on 01673 860295 to arrange a visit or request a School Brochure, or visit www.hackthorn.lincs.sch.uk

THANK YOU

BONFIRE NIGHT - THURSDAY 5 NOVEMBER

A huge thank you to everyone who made the evening such a success. To those who started work long before the evening began by collecting wood, building the fire, arranging the catering, making the various soups, and setting everything up. To our exceptional pyrotechnic team who entertained us with such an amazing and brilliant firework display, and to those who gave so generously of their time and resources to help during the evening and on the following days clearing up the 'charred remains'.

Many thanks to Mr W Cracroft-Eley for allowing us to hold the event in The Park again.

Also, a massive thank you to all who came along and braved the dreadful weather to enjoy the evening and help create such a fantastic atmosphere

Hackthorn Village Hall Committee

The latest date for entries to the February 2016 Signpost is Friday the 15th of January at 6:00 p.m.



HACKTHORN & COLD HANWORTH LOCAL HISTORY GROUP

OPEN MEETING

Wine & seasonal nibbles and local photos etc.

Thursday, 3rd December 2015 at 7:00 - 9:00 p.m.

Hackthorn Village Hall

Please come along, have a look at our website & bring any photographs etc you may have. You may be surprised at what you discover!

History Group website is at www.hackthornhistorygroup.org.uk

HACKTHORN COFFEE MORNING



Saturday 12th December at 10:00 a.m.

At The Village Hall

Come along, join your friends and take some time out from the Christmas rush to enjoy some refreshing coffee, tea, cakes, mince pies and bacon rolls.

Enter the raffle for a chance of a prize.

Cake stall Bric-a-brac stall

All welcome

HACKTHORN AND COLD HANWORTH SOCIAL CLUB

Christmas Draw

Hackthorn Village Hall

Friday, 18th December – Bar open from 8pm

Bar open Christmas Eve, Thursday 24th December

THE BAR WILL BE CLOSED – FRIDAY 25TH DECEMBER

Bar open New Years Eve, Thursday 31st December

THE BAR WILL BE CLOSED – FRIDAY 1st January, 2016

forgearts
Park right outside our doors...


...for hassle-free superb
Quality Picture Framing
+ gallery of original art
+ chainsaw-carved garden sculptures
Main St, Hackthorn, Lincoln LN2 3PF
Open Saturday and Sunday 11am - 6pm
01673 860441 www.forgearts.co.uk

Art Classes
Hackthorn Village Hall

For class info & bookings call
01673 878725 / 07504 808751
or email
andrew.craig67@btinternet.com

LOGS

SEASONED HARDWOOD LOGS

SPLIT 9" MIXED VARIETY LOGS

DELIVERED IN CUBIC METRE BREATHABLE BAGS
(RETURNABLE)

£75 (INC VAT) PER BAG
PLUS £5 DEPOSIT ON BAG
(REFUNDED ON UNDAMAGED BAGS)

CASH ON DELIVERY

FREE DELIVERY WITHIN 10 MILE RADIUS

Contact: Robin Hall 01673 860409
J & JH HALL (WELTON) LTD
HACKTHORN GRANGE
HACKTHORN, LN2 3PE

Fillingham CHRISTMAS TREES

For all your Fresh Christmas Trees!

November 21st to December 20th 2015
Open daily:

November 9am to 5pm

December weekdays 9am to 6pm

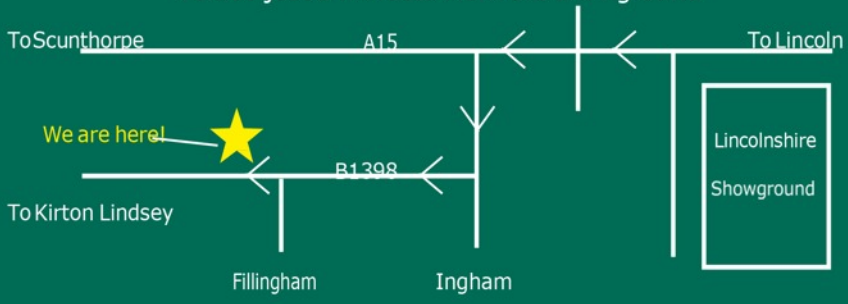


Our extensive range of cut trees will be available as well as a selection of pot grown trees.

Visit our Christmas decorations outlet for bargains galore and browse our shopping area.

Don't miss Father Christmas in his grotto on Dec 5th & 6th and 12th & 13th - £4.50 including a gift
Plus enjoy fun and balloons with our visiting entertainers, Bruno the Donkey and much more...

Visit us just 5 minutes from the showground



Castle Farm, Fillingham, Gainsborough, DN21 5BX
(Off the B1398, 8 miles north of Lincoln)
Call 01427 667014 or visit www.fillingham-trees.co.uk

SPRIDLINGTON & FIRSBY

Christmas Coffee Morning

With Sherry and Mince Pies

Wednesday 16th December at 10:30 a.m.

Spridlington Hall

Hosted by **Elizabeth Young**

Raffle Bring & Buy

Proceeds for St Hilary's Church Funds

Do come along and join us, you will be very welcome



Steve Willey

Painter & Decorator

Interior/Exterior Decorator
Reliable & Professional Service

25 Years Experience
Tel: 01673 876199
Mob: 07970 039384

To have your product or service advertised in Signpost or on the website, please contact Steve, the editor, for more details.

COFFEE MORNING

Wednesday 20th January at 10:30 a.m.

Ash Tree Cottage

Hosted by **Claire Marris**

Raffle Bring & Buy

Proceeds for St Hilary's Church Funds

Do come along and join us, you will be very welcome





Parish Breakfast

To Celebrate St Hilary's patronal Day

Sunday 10th January

after the 8.30 Communion Service

Spridlington Village Hall

Numbers required for catering purposes
Contact Claire 861127

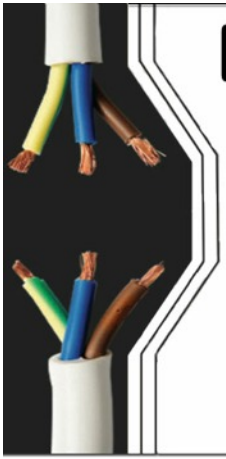
ARCHITECTURAL DESIGN



• EXTENSIONS • ALTERATIONS
• CONVERSIONS • NEW BUILDS

FULL PLANNING & BUILDING REGULATION SERVICE
SPECIFICATIONS & BILLS OF QUANTITIES PREPARED
STEEL BEAM DESIGN CALCULATIONS PREPARED FOR BUILDING REGS

7 Gladstone Street, Gainsborough, Lincolnshire DN21 2ND
Call Eric on 01427 614500 or 07947 591 952



B&S Electrical & Services

For all your electrical needs and much more!

Local and friendly - Sole Trader - Family business

Free electrical check, estimations and advice

Solving problem electrics since 1997
T: 07746713677
E: bs_electrical97@yahoo.co.uk

LANDSCAPING
SCHOOL GROUNDS, DOMESTIC AND COMMERCIAL PROPERTIES

The Countryside & Garden Company Ltd

Patios supplied and installed, circles, natural stone and reproductions
Decking, pergolas, arches and arbours
Fencing and gates - agricultural, commercial, domestic and equestrian
Driveways established and maintained
Hedge trimming, laying and planting
Small and medium trees pruned, trimmed and felled
Bespoke animal housing – kennels, catteries, stables, hen houses etc.
Aggregates Delivered - Topsoil, bark mulch, sand, gravel, ballast etc.

JASON DEAN
BSc. (HONS) COUNTRYSIDE MANAGEMENT

TEL: 07747 471750
www.countrysideandgardenco.co.uk

constructionline

NORMANBY & OWMBY

NORMANBY BY SPITAL PARISH COUNCIL

Wednesday 11th November was Armistice Day and villagers turned out for a short service at the War Memorial. This year, the wreath was laid by Owmby Chairman - Mr Graham Crompton-Howe. The school children attended too and some of the children read out the poems they had written. For a change it was not raining, nor too cold, just rather windy.

We have already co-opted a new Councillor - Mrs Linda Houtby from Manor Cliff and she will be attending her first meeting which is being held on Wednesday 2nd December at 4 Field Lane, starting at 7.30.

The Council wish all - a very Happy Christmas and a Healthy New Year.

CHRISTMAS COFFEE MORNING

Coffee/Mulled Wine and Mince Pies

Thursday 3rd December at 10:30 a.m.



Owmby Church

Bring and Buy Stall & Raffle

Proceeds to Ss. Peter & Paul Church funds - All welcome

OWMBY PCC MONTHLY DRAW		
1st	**2nd**	**3rd**
Nadine Fox	**Richard Harrison**	**Jennifer Horton**

Whist Drive Results

1st Lady	Tina Harrison	**2nd Lady**	Jean Cowperthwaite
1st Gent	Brian Jois	**2nd Gent**	Richard Harrison
Low Score	Dawn Cowperthwaite Neville James	**Near Score**	Janet Andrew Neville James
Miniature	Dawn Cowperthwaite Brian Jois	**Raffle**	Dawn Cowperthwaite Brian Jois

Anyone wishing to join us at the next event, it will be held at the home of
Lois and Ken Green, Lindum House, Private Lane, Normanby on Wed 16th Dec at 7.30pm
We are very pleased to see new faces, and it is always a light-hearted evening.

YOUR CHURCH NEEDS YOU!

Your Village Church - Ss. Peter & Paul at Owmby by Spital - needs volunteer cleaners!
Can you spare about 4 - 6 hours a year? Usually you will get to clean 4 times a year.
If so please give Julie Harrison a call on 01673 878961 and she can add you to the rota.
Please leave your name and phone number if you get the answer machine!

OWMBY BY SPITAL PARISH COUNCIL

Notes of the Council Meeting held in the Parish Church on 20th September 2015

If anyone is interested in becoming a **Parish Councillor** Please contact Graham Crompton-Howe or the Clerk, Charlotte Wright (charlottewright@hotmail.com, 01673 838151)

A **website** has been set up by the County Council for Owmby by Spital PC. The clerk is currently working on populating the site

It was reported that there is a **great deal** of dog fouling on Owmby Cliff Road. Please report to WLDC who have said that they are willing to prosecute if evidence and witnesses are available.

Playing field update- A free survey of the area quote for equipment had been provided by a company. No further action can take place as planning permission has not been granted. The land owner has submitted his planning application to WLDC. He had been awaiting pre application advice but decided to proceed due to the lengthy wait for a response.

A member of the public had asked a councillor to raise the issue of **moving the 30mph speed limit sign** on Fen Road. Highways have refused this request. The clerk will contact highways again to ask if the Parish Council could pay for the sign to be moved.

Owmby & Normanby WI

Thursday, 3rd December, at 7:30pm
Normanby Primary School Hall

Patchwork - Sally Turnbull
Hands on evening of patch-working using Sally's materials and expertise.

Competition: Something you have made from paper

We look forward to seeing you all - and welcome new members.

You are cordially invited to the following crib service.
DATE: **THURSDAY 24TH DECEMBER**
TIME: SERVICE COMMENCES AT **4.00 PM**
WHERE: **ST. PETER & ST. PAUL CHURCH**
CHURCH LANE. OWMBY-BY-SPITAL



Please stay after the service when we will serve
mince pies, cake, tea & coffee
All welcome - come and enjoy this lovely christmas service with us.

Owmby Sunday School Children

invite you to their Christingle and

Carol Service



TIME: 11.00 am

DATE: Sunday 27th December

VENUE: Sts. Peter & Paul Church, Owmby-By-Spital



All children welcome to arrive at 10.00 am to make their Christingles.

Come and join us in carols

And worship.

Refreshments tea, coffee & (MINCE PIES)

will be available after the service.

Retiring collection proceeds will be split

THOUGHT FOR THE MONTH

One day, an expert in time management was speaking to a group of business students and, to drive home a point, used an illustration those students will never forget.

As he stood in front of the group of high powered overachievers he said, "Okay, time for a quiz." Then he pulled out a one-gallon, wide mouth mason jar and set it on the table in front of him. Then he produced about a dozen fist-sized rocks and carefully placed them, one at a time, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is this jar full?"

Everyone in the class said, "Yes."

Then he said, "Really?" He reached under the table and pulled out a bucket of gravel. Then he dumped some gravel in and shook the jar causing pieces of gravel to work itself down into the space between the big rocks. Then he asked the group once more, "Is the jar full?"

By this time the class was on to him. "Probably not," one of them answered.

"Good!" he replied. He reached under the table and brought out a bucket of sand. He started dumping the sand in the jar and it went into all of the spaces left between the rocks and the gravel. Once more he asked the question, "Is this jar full?"

"No!" the class shouted.

Once again he said, "Good." Then he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim. Then he looked at the class and asked, "What is the point of this illustration?"

One eager beaver raised his hand and said, "The point is, no matter how full your schedule is, if you try really hard you can always fit some more things in it!"

"No," the speaker replied, "that's not the point. The truth this illustration teaches us is: If you don't put the big rocks in first, you'll never get them in at all."

What are the "big rocks" in your life? Time with your loved ones? Your faith? Your education? Your dreams? A worthy cause? Teaching or mentoring others? Remember to put these BIG ROCKS in first or you'll never get them in at all. So, tonight, or in the morning, when you are reflecting on this short story, ask yourself this question: What are the "big rocks" in my life? Then put those in your jar first.

The latest date for entries to the February 2016 Signpost is Friday the 15th of January at 6:00 p.m.

Lincolnshire's Premier
Lawnmower & Garden Machinery Centre

Green Stripe
GARDEN MACHINERY

Elite Maestro Petrol Garden Shredder



SEASONAL OFFERS

Petrol Hedge Cutters



Billy Goat Lawn Vacuum



(Shown with optional hose kit)

Husqvarna 236 Chainsaw c/w 14" bar & chain





Husqvarna Hand Held Petrol Blower

Bishop Bridge, Market Rasen, Lincs LN8 3LY Tel: 01673 844250 Fax: 01673 844021
www.greenstripe.net email: sales@greenstripe.net

Professional Pruner

I specialise in the rehabilitation and restructuring of overgrown and badly managed climbers such as wisteria, climbing roses and rambling roses as well as the correct management of all other garden shrubs.

Johnny Hatch

Tel: 07960 650714

Email: johnnyhatch1@hotmail.com

CROWN INN COUNTRY PUB

High Street, Glentham, Market Rasen, Lincs LN8 2EQ Tel:-01673 878294

We would would like you to come and share the festive season with us in the newly refurbished Crown Inn with lovely log burners and tasteful décor a warm welcome awaits you.

BOOK YOUR CHRISTMAS WITH US

XMAS DAY £45 This includes bucks fizz on arrival, 3 course meal topped off with eros coffee and a mince tart - **bookings only** not many spaces left

Arrival time 12pm, sit down 12.30pm Please call in or visit our website for Xmas menu pre-order form

Christmas meals are available through December bookings only - Main menu still available

XMAS FUNCTION - **have yours here**

£19.95 3 courses plus coffee and mince pie **£16.95** for 2 courses plus coffee & mince pie

Please check our website/facebook pages for our everyday menu or pop in and see us

LOTS GOING ON AT YOUR LOCAL PUB

MONDAY NOVEMBER 30TH **Christmas Fair 6 .30pm**- There will be a variety of stalls with lots of things to see, do and buy If you want something special for Christmas come and purchase that exclusive gift from here There will be a donation for Downs Syndrome.

FRIDAY DECEMBER 4TH start 9pm **Greg Aitchinson** (one of the Illegal eagles) is back by popular demand 'what a voice'

FRIDAY DECEMBER 18TH start 9pm Duo **"Spice It Up"** is booked to sing

SATURDAY DECEMBER 19TH - **"Santa Claus is coming to Crown"** Each child will receive a small gift from Santa and a child's meal of either fish fingers or chicken nuggets and chips. £7.00 per Santa's little helper (9 and under). Dress up if you wish and enjoy the Christmas spirit, be prepared for a little walk. Please ring up and book your child's place - 6pm start

FRIDAY 31ST DECEMBER NEW YEAR'S EVE **Revolver** 60,s 70,s 80,s band are back to bring in the new year with us. A free buffet will be provided by Rinny, Amy & Kevin to say thank you for all you support. Fancy dress optional choose your own theme for bringing in the new year from a 007 agent, to the year you were born or back to the future, prizes for 1st place will be given

CHRISTMAS OPENING TIMES



Christmas Eve	12pm-11.30pm
Christmas Day	12pm- 3pm
Boxing day	12pm-11pm (12-3 for food)
Sunday 27th	12pm-10.30pm
Monday 28th	12pm-11pm



MERRY CHRISTMAS & A HAPPY NEW YEAR

GLENTHAM & CAENBY

GLENTHAM PARISH COUNCIL

NOTES ON COUNCIL MEETING HELD ON 5th November 2015

Childrens' Playground - following on from comments in the last newsletter the Council is pleased to report that the Playground repairs will be carried out in the week commencing 23rd November.

Memorial Stone - following on from the discussions at the last meeting, and preliminary investigations by Cllr Brand, the Council agreed to look at alternatives to a traditional stone memorial which is proving too costly to buy, install and maintain. New plans will be presented to the Council at the next meeting.

Vacancies - at the time of writing, two vacancies exists for Councillors; please contact any Councillor or the Clerk - this follows the elections in May, and it can't be stressed highly enough how important it is to have a full Council.

Dates of next meetings - The date of the next meeting will be Thursday 7th January 2016 at 7.30pm at the Village Hall - all welcome.

Finally - the Council would like to wish all Parishioners a very Happy Christmas and New Year!

Parish Council contact details

The Councillors:-

Mick Brand	Sarah Shaw	Rowena Summers
Adam Shaw	Peter Smith	
Vanessa Smith	Jeff Summers	

The Councillors can be contacted via the Parish Clerk as follows:-

Jo Trotter - 01673 838690 - Email: clerk@glentham.org.uk

GLENTHAM & CAENBY TAPESTRY GROUP

The next group meeting will be on

Tuesday 1 December at 7.30 p.m.

For Mulled Wine & Mince Pies

The Trap House, Church Lane, Glentham

Glentham Village Hall

COFFEE MORNINGS

Wednesdays 10:00 - 11:30 a.m.

December 2nd, 9th, 16th, 23rd & 30th

January 6th, 13th, 20th & 27th

All welcome

Proceeds to Village Hall Funds



FOLK NIGHT

with

De-Capo Folk Group

At Glentham Village Hall
On Saturday 5th December at 7.30pm
£5 per person
Includes jacket potato supper
Bring your own drink

Tickets available from Committee members
or contact Margaret on 07711 112171
In Aid of Glentham Village Hall Funds

St Peter's Church, Glentham

CHRISTMAS SPECIAL COFFEE MORNING

Tuesday 15th December at 10:30 a.m.
Prospect House, Washdyke Lane
By kind invitation of Terry & Merv
There will be a Raffle & Bring & Buy
All Welcome



'The Crown' at Glentham

Men's Breakfast

Saturday 12th December
Saturday 9th January
at 9:00am



An opportunity for men to meet and chat over a delicious full English breakfast!
Please Phone Peter Atkinson on 01673 878806 to reserve a place
Organised by Glentham Methodist Chapel

GLENTHAM 55+ CLUB

55+

Christmas Lunch

Monday 14th December, 2:00 p.m.

Glentham Village Hall

Non-members would be very welcome

55+

PRESENCE PRAYER AND BIBLE STUDY GROUP

Inter-denominational - Praying for our Communities

Thursdays 10th of December and 14th & 28th January at 7:00 p.m.
at Tilsit, Bishop Norton Road, Glentham.
Contact Jenny or Peter on 01673 878806



CHRISTMAS ROSE BOWL QUIZ

Thursday 10th December at 7:30 p.m.

Glentham Village Hall

£4.00 per person. Bring your own drinks. Light supper provided.



KNIT & KNATTER

Christmas Buffet



Tuesday 1st December 1:00p.m. - 3:00p.m.

Glentham Village Hall

Come and join us at a self-help **Computer Group**
where we share knowledge such as:



How to sort photographs
How to create a calendar
Making posters

Tuesday 1st December at 2:00 pm
Glentham Village Hall
£1.00 per week
Everyone welcome
Enquiries to Margaret 07711 112171

KNIT & KNATTER

Tuesday 19th January 2:00p.m. - 4:00p.m.

Glentham Village Hall



Come & have a cuppa & a chat while doing your needlecraft or learning new crafts. £1.00 per week

Everyone Welcome



Sugar & Spice

Saturday 16 January at 9.30am

Ladies if you would like to join us at **The Willows** for coffee, cake, friendship & informal discussion about some of the 'big questions' in life, please contact Anne 01673 843362, Janet 01673 818718 or Jenny 01673 878806 to book your place

Organised by members of Glentham Methodist Chapel

GLENTHAM MOTORS

High Street
Glentham
01673 878591
FOR

UNDER NEW MANAGEMENT

Servicing
Repairs
Petrol Oils Used Vehicles
Recovery



Kew Gray

Painter & Decorator

over 30 years experience

Free Estimates

07752 184 771
01673 878593

1 Paddock Chase,
Glentham, Lincoln. LN8 2FB

LOCAL BUS TIMETABLE

Gainsborough to Market Rasen
Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Gainsborough Bus Station	0740	1450
Glentham	0805	1515
Market Rasen Market Place	0820	1530

Market Rasen to Gainsborough
Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Market Rasen Market Place	0845	1553
Glentham	0900	1608
Gainsborough Bus Station	0920	1628

If you have news, event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor. His telephone number is on the contacts page towards the back of this month's edition. Full details are on the Owmby Group web site.

GLENTHAM VILLAGE STORE

PARCEL DELIVERY SERVICE NOW AVAILABLE WITH 'myHERMES'
CHEAPER THAN ROYAL MAIL

myHermes ParcelShop

SHOP OPENING TIMES	
Monday – Saturday:	7:00 a.m. - 7:00 p.m.
Sunday:	9:00 a.m. - 12:30 p.m.

Lunchtime closing: 12:30 p.m. – 1:30 p.m. every day.
Bank Holiday Mondays: Closed all day

Contact us: High Street, Glentham, LN8 2EQ.
Telephone/fax: 01673 878474

J. Marshall

Funeral Directors

For the most dedicated professional help, knowledge and understanding

National Association of Funeral Directors Est 1905

N.A.F.D MEMBER

"We are at your service in your time of need"

49-51 QUEEN STREET, MARKET RASEN. Tel. (01673) 843725

Pre-Paid Funeral Schemes Available

Treat Your Feet



Treatments include

- Nail trim & file
- Callus & corn removal
- Verruca treatment
- Ingrowing toenails
- Heel pain
- Fungal conditions

Christopher Allen

Mobile Foot Healthcare Practitioner

Dip CFHP MPS pract (FHP) MVR

Its easy to neglect your feet
Why keep putting it off?
The solution is simple
Treat your feet!

Telephone : 07917 532296
Email : treatyourfeet@icloud.com
Appointments available 7 days a week

M.R.Parker Builders

- Bricklaying
- Plastering
- Tiling
- Landscaping
- Groundwork

www.mrparkerbuilders.co.uk

01673 842039 / 07777 648414

NO JOB TOO SMALL

Bark and Ride

Reliable, trustworthy and experienced Freelance Groom available for:

- Holiday care for horses and other animals
- Clipping/trimming
- Exercising/fittening work
- Freelance Instruction
- General yard duties and assistance
- Dog grooming/clipping

Competitive rates - Insured - CRB checked
References available

Visit www.freelance-groom.co.uk
Or call 07875 763525

BTEC

PAMPERED POOCH DOG GROOMING

City & Guilds

- Qualified for over 15 years
- Bath, Clips, Hand Strips, Cuts and Nails
- One to one personal service for your dogs given

Ring Gail on: 01673 818344
07753 688812



Oakdene
The Green
Waddingham
DN21 4SX



Rebecca's House of Beauty
Rural Mini Spa

Massage, Body Wraps, Facials,
Manicures, Pedicures, Waxing

Packages and Gift Vouchers

Monthly Offers

Brookfield, Saxby, Market Rasen
Lincolnshire LN8 2DH
07432 118409
beccaneave@hotmail.co.uk

Vickers & Son

For all your roofing and handy man services

- Flat roofs (20 year guarantee)
- Broken tiles and ridges
- Under tile felt replaced
- Gutters repaired and cleaned
- Regular window cleaning
- Painting and decorating
- Fences and sheds repaired
- House and shed clearance etc



Call Shaun
01673 818083 or 0751 9387177

The Olde Butchers Shop, High Street, Waddingham

TRADITIONAL MOLE CATCHING

PROFESSIONAL, QUICK & EFFICIENT MEANS OF REMOVING & CONTROLLING UNWANTED NUMBERS OF MOLES. NO CHEMICALS, POISONS OR DISPERSAL TECHNIQUES USED.

- Private Gardens • Golf Courses & Sports Grounds
- Country Estates • Commercial Properties • Churches & Cemeteries
- Paddocks & Equestrian • Farmland • School Grounds & Council Parks

NO MOLE NO FEE • EXPERIENCED • FULLY INSURED • LOCAL FAMILY BUSINESS

Contact Paul: 07717 277 552 Jo: 07919 000 722

PERENNIAL HORTICULTURE COUNTRY GARDEN SERVICES

phorticulture@yahoo.com t: 01673 861240



WHITELOCK FINANCIAL PLANNING LTD

WEALTH MANAGEMENT CONSULTANTS

A wealth of expertise on your doorstep

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact Julie Whitelock on:

Tel: 01652 640888

Email: julie.whitelock@sjpp.co.uk
www.whitelockfinancialplanning.co.uk

Home Call Computer Services

PC Repairs & maintenance

Email: Trevor@hccs-direct.co.uk
Web: www.hccs-online.co.uk

Appointments arranged at your convenience

01673 818624
07742 827285

CompTIA. A+® Certified Professional



Chimney Sweep

£30

David

Phone: 01673 878450

Picture Framing Service
20 years experience
Available Locally

Prints, photos, needlework, medals, etc

Large choice of frames and mounts.
Advice on all aspects of framing and restoration.
Contact David on 01427 667887
(Fillingham)
Leave a message if I am not in.
Collection and delivery service

all clean
Property Cleaning Services
Reliable, Trustworthy and Fully Insured

- One-off property cleans – Lets/Moves
- Top Quality Carpet, Curtain, Upholstery & Mattress Cleans
- Hard Floor Cleaning & Restoration
- Motorhome, Caravan & Car Interior Cleans

Contact: Maggie Walker
Tel: 01777 872183 / 07866 532496
Email: maggie.walker@allcleannow.co.uk
All Clean, 55 Linden Avenue, Tuxford, Notts. NG22 0JR

J.P Skips

Market Rasen

Skip Hire, House Clearances
Cash Paid For Old Cars & Caravans

Man & Van Service Available
Clear out your clutter

01673 857950 - 07914 022988



Two pine log cabins in peaceful woodland setting offering a relaxed holiday, ideally situated for the Wolds and the beautiful city of Lincoln. Each has three bedrooms, one double, one twin, one child's bunk bed: Large lounge, bathroom, kitchen, large veranda. Gas central heating, gas cooking. Car parking by unit. Near bus route. Linen provided. Pickup from Lincoln or Market Rasen Station available

Terms: £200 to £400 per week. £100 to £200 per 3 day stay. ETC ★★★
Complimentary local food hamper. Visit our website or ask for a brochure.

Mr. R. Cox, Lincolnshire Lanes Log Cabins, Manor Farm, East Firsby, Market Rasen LN8 2DB • Tel 01673 878258

K9 fuels
Suppliers of
Heating Oil, Gas Oil, Derv & ULSP
Telephone: 01673 878346
www.k9fuels.co.uk
Local Independent Business, DEDICATED to Serving YOU
Call anytime for an instant quote
Caenby Hall, Market Rasen, Lincs LN8 2BU

PEPPERPOTS
DOMESTIC SERVICES
One-off and Regular Cleans
Laundry and Ironing Service
Spring and Builder Cleans
House Moves
Windows and Carpets Cleaned
Call Liz on
01673 857691
07947 322023
pepperpotscleaning@btinternet.com

R & M HARRISON LTD
ELECTRICAL CONTRACTORS
Owmby-By-Spital
Domestic, Commercial &
Agricultural Engineers
Tel: 01673 878283
Email: admin@rmharrisonelectrical.co.uk
N.I.C.E.I.C. Approved Contractors
U.K.A.S. Accredited

Scothern Nurseries
Plant Centre
Open 7 days a week
Gardeners Retreat Tea room
Serving hot & cold food
Tea room closed on
Mondays (except on
Bank Holidays)
A great range of
plants, gifts,
cards, vouchers,
produce & more
Dunholme Road, Scothern,
Lincoln. LN2 2UD
Tel: 01673 862297
www.scothern-nurseries.com

PHIL SOMERS
PLUMBING
SERVICES
OFTEC
C8064
Reliable & Professional
Full Heating Systems
Cylinder Changes
All Leaks & Repairs
01673 818524
07790 241145

CLEARVIEW OPTICIANS

- Private and NHS eye tests
- Contact lens trials & aftercare
- Free parking
- Free* tests for under 16's & over 60's (* NHS tests)

Annabelle Magee BSc(Hons) McOptom
169 Burton Road, Lincoln LN1 3LW
Telephone: 01522 542121
www.clearviewopticians.co.uk
Email: enquiries@clearviewopticians.co.uk

OFTEC No. C6904

D & S
Plumbing & Heating Services



All Plumbing Work Undertaken
Oil Fired Boiler, Oil Tanks, Service, Repair & Installation
Pressurised Hot Water Systems Service, Repair & Installation

Contact Dave On:
☎ **01673 818679 or 07774 232227**
ENERGY EFFICIENCY REGISTERED



THE WINDOW MAN

PVC windows, doors, conservatories supplied & fitted
Misted up or broken window units replaced
PVC door & window repair service including locks
Fascia, soffit & guttering supplied and fitted
General building maintenance work & kitchen fitting
All work considered
Many local customer references available
Please don't hesitate to ring Dean for a chat and no obligation very competitive quote
Tel: 01673 849961 Mobile: 07891 320673

Your Neighbourhood Policing Team

PC 326 Martin DOHERTY - 07939 890958 - martin.doherty@lincs.pnn.police.uk

PCSO 2206 Julie MCFAUL - 07825 100397 - julie.mcfaul@lincs.pnn.police.uk

PCSO 2297 Angie LAW - 07944 776999 - angie.law@lincs.pnn.police.uk

One of your neighbourhood officers will be attending the Coffee Mornings / Police Surgeries below. We will be pleased to meet you and discuss any issues you may wish to raise.

Date		Location	Time
Tues	1	St Chad's, Dunholme	9:30 a.m.
Sat	5	Ingham Chapel	10:30 a.m.
Thurs	10	Park House, Welton	10:00 a.m.
Mon	14	RAF Scampton Youth Club	5:00 p.m.
Tues	15	Hemswell Youth Club	6:00 p.m.
Wed	16	Gentham Village Hall	10:00 a.m.
Tues	22	Barnes Wallis Centre, RAF Scampton	10:00 a.m.
Wed	30	Bishop Norton Church	10:30 a.m.

Please be aware: On occasions there may be non-attendance due to unforeseen circumstances and unavoidable occurrences. Please accept our apologies should this happen.

To report a crime, please **call 101**. If it is **urgent**, please **call 999**. If you would like to pass information anonymously, please call **Crime Stoppers on 0800 555 111**.

The latest date for entries to the February 2016 Signpost is Friday the 15th of January at 6:00 p.m.

NEW YEAR THOUGHT

A psychologist walked around a room while teaching stress management to an audience. As she raised a glass of water, everyone expected they'd be asked the "half empty or half full" question. Instead, with a smile on her face, she asked: "How heavy is this glass of water?"

Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralysed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes."

She continued, "The stresses and worries in life are like that glass of water. Think about them for a while and nothing happens. Think about them a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralysed – incapable of doing anything."

Remember to put the glass down.

INGHAM PRACTICE

Christmas Patient Participation Evening
Wednesday 16th December 2015 6.00 pm - 7.00 pm



All patients are invited to celebrate the festive season with carols, mince pies and lots more …. Raffle, Tombola etc. Light refreshments will be provided.

Do come and celebrate with us.

Dr Sultan and the Practice Team wish all our patients a very Merry Christmas and a healthy New Year.

The Practice is very pleased with the excellent results of the Practice Patient Satisfaction Survey 2014/2015 with a 98% satisfaction rate. Dr Sultan would like to thank the Practice Team for this exceptional achievement and the patients for their continued support. The Practice Team will continue to provide a dedicated, caring and responsive service aiming for even greater achievements. NHS England carried out an independent survey into patient experience of care and the Practice achieved excellent results for this latest survey:

- Overall Patient Experience 95.57% (National Average 85%)
- Getting through by phone 92.29% (National Average 74.65%)
- Making an appointment 77.66% (National Average 75.42%)

Full details and more information regarding the Practice Achievements and Patient Survey are on display in the waiting room at the Ingham Practice and on our website **www.theinghampractice.co.uk**
The Practice now offers the facility for patients to book appointments and order repeat medication online. However, patients are required to register for these services.

BISHOP NORTON LUNCHES

Two course home cooked meals with tea or coffee served in the village hall at 12 Noon
£4 PER PERSON
Wednesday lunch dates:
9th December, 13th January 2016 & 10th February
EVERYONE WELCOME!
Please ring at least two days before to book your place
Ann 01673 818917 or Karen 01673 818798

RACE NIGHT
AT BISHOP NORTON VILLAGE HALL

Saturday 16th January 2016 - 7.30pm start

Tickets £7.50 to include supper
Please bring your own drinks.
Ring Karen 818798 or Ann 818917 to book your tickets

VALENTINE'S DINNER & DANCING

at Bishop Norton Village Hall
SATURDAY 14TH FEBRUARY
7PM FOR 7.30PM START

Three course meal & dancing for £12.50 per head
Everyone welcome

COMING to
The Broadbent Theatre, Wickenby LN3 5AW
Box Office 01673 885500
Full details at www.broadbenttheatre.org

New Perspectives
Present

"He Wore a Red Hat"

"New Perspectives have an unerring instinct for what will strike a chord with rural audiences." – The Stage
"Tantilizing." – The Financial Times

A festive-themed noir comedy from regional favourites New Perspectives, full of twists, turns and surprises. You'll never look at Santa in quite the same way…

The village has formed a group of amateur detectives to help solve local crimes. But when part-time unpublished poet Joshua Rogan's applications are repeatedly turned down, he decides to take sleuthing into his own hands. Believing he's one step ahead, he begins to piece together what he thinks are a series of related crimes, enlisting an intern as his put upon side-kick. But just when thinks he's onto something, a series of parcels arrive and he's in for a big surprise…

Join Joshua for a spot of sleuthing as he attempts to restore faith in the festive season. And maybe share a few poems. And possibly fall in love…

Thursday 3rd December 2015 at 7.30pm
Tickets £9.00 full / £8.00 Conc.

This show is part of the Lincolnshire Rural & Community Touring Programme, made possible by funding from Lincolnshire's County & District Councils & Arts Council England with the support of local volunteers

Book early for Lindsey Rural Players'
Annual Pantomime

"THE MONSTER MASH"

Written by Blair Reeves

January 22nd to 24th, 29th to 31st & February 4th to 6th
Tickets £8.50 full / £7.00 Conc. Family £28 (2 adults + 2 Children)

While every effort is made to ensure listings are both accurate and up-to-date, you should always confirm with the venue before attending an event.

*Concessions: OAPs, Students, under 16s, the unwaged, members of LRP

W.R. Crowe Ltd
Construction

New Build, Domestic, Commercial
Loft Conversions
Structural Repairs, Stone Work
Brickwork Repairs

Maintenance, General Repairs
Damp Proofing Specialists
DPC Injection, Tanking
Timber Treatment

W.R. Crowe Ltd
Fen Road, Owmby-by-Spital, LN8 2HP
Telephone: (01673) 878303 / Fax: (01673) 878546 / Email: contracts@wrcrowe.co.uk

WELTON FAMILY HEALTH CENTRE NEWS

INFLUENZA VACCINATIONS - For those that have not already done so, if you are eligible for a 'flu vaccination please contact the surgery for an appointment. This includes all pregnant ladies. If you do not wish to take up the offer of a 'flu vaccine this year, please let Reception know.

DNA's (Did Not Attends) - In October, there were a total of 144 appointments that patients did not attend for. This was made up of 41 doctors' appointments and 103 nurses' appointments totalling 24 hours of clinical time. This is 40 more appointments for Nurses than last month and on average 6.5 appointments per day. As winter pressures increase demand on appointments, please help us to be able to see patients as soon as possible by keeping appointments or cancelling them with as much notice as possible.

ONLINE SURVEY - Thank you to all those patients that have completed the recent survey in relation to online services. The results will be available and published in due course.

COMPLIMENT AND CONCERN FORMS - If you have some feedback that you would like to pass on to the surgery - good or bad - please complete a Compliment or Concern form available in Reception. You are able to do this anonymously but please note, we are unable to respond to these directly unless contact details are left.

DOCTORS - As many of you will know, Dr Nellist has been on Maternity leave since the Spring of this year. It is with sadness that I am now able to inform you that Dr Nellist will not be returning to the Practice due to family commitments moving her from the area. We will miss her greatly and wish her all the best for the future. We also have some periods of maternity leave coming up, with Dr Porter going on maternity leave and Dr Gomez in the Spring of 2016. We wish them all the best and look forward to meeting their new arrivals.

STAFF TRAINING - In order to ensure our staff and doctors remain up to date; we will be closed for Training from 1pm on Tuesday 15th December 2015. Emergency cover is provided during this time by calling the usual surgery number (01673 862232 and selecting Option 1).

DECEMBER / JANUARY BANK HOLIDAYS - The surgery will be closed on the following dates over the Christmas period:
Friday 25th December 2015 - Bank Holiday
Monday 28th December 2015 - Bank Holiday
Friday 1st January 2016 - Bank Holiday

Please remember to order and collect prescriptions in a timely manner. Out of hours are contactable during these times by telephoning the surgery on 01673 862232

The latest date for entries to the February 2016 Signpost
is Friday the 15th of January at 6:00 p.m.

WELTON PATIENT AND DOCTORS ASSOCIATION

The PDA Christmas Lunch is being held on Friday 4th December in Welton Village Hall. We will be serving a traditional Christmas lunch with roast turkey and all the trimmings followed by trifle or Christmas pudding with brandy sauce, tea or coffee and chocolate mints. There will be the usual raffle, cake stall, book and card stall. There may still be a few tickets left when you read this priced £5.50. Please telephone either Roy Minnitt (860980) or myself Janet Goddard (862570) The doors will open at 1145am and the meal will be served at 1215. Anyone requiring transport to the lunch should request this when purchasing their ticket.

The PDA AGM was held on Thursday 22nd October when Dr Barber gave us a very interesting talk on the subject of Diabetes. The Committee for the forth coming year was elected and a full list of officers and committee members is displayed on the PDA notice board in the Health Centre waiting room. Peter Morton stood down as Chairman after 2 years in office and Andrea Lowen resigned from the Committee. A new Chairman was elected, Phil Rodgers, and 2 new members were voted onto the Committee - Janet Lynch and Eunice Wright. The rest of the Committee remained unchanged. We look forward to the next 12 months with new blood and, hopefully, new ideas!

Can I take this opportunity to remind patients who use the transport scheme to visit the Health Centre to have the correct money ready if possible? As the evenings are now dark it is sometimes difficult to search for change when the journey is complete.

Finally I would like, on behalf of the PDA Committee and all volunteer drivers, to wish all patients and all who support our fund raising events a very happy Christmas and a peaceful New Year.



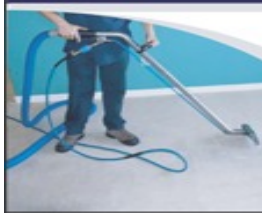
Garner
PROPERTY CARE

Domestic Cleaning

Only £10 per hour!

Garner Property Care is a family run business giving our customers in and around Lincolnshire 15 years trade experience.

- Daily / weekly / fortnightly / monthly cleans
- One off cleaning
- Window, upholstery and carpet cleaning
- Steam cleaning
- Secure Key Holding Service
- Complete flexibility for you
- Fully trained, uniformed & CRB checked staff
- Environmentally friendly cleaning products



Office: 01673 878142
Mobile: 07545 075559
Email: info@garnerpropertycare.co.uk
www.garnerpropertycare.co.uk

PBFS PEST CONTROL

ALL PESTS

Rats, mice, moles, wasps etc

Domestic - Commercial - Agricultural

npta





Paul Brand
01673 849925
07867 558318

CORGI 304761

ML HP HEATING & PLUMBING

Gas Safe Register

INSTALLATION, SERVICING & REPAIR

GAS / OIL & LPG,
Central Heating
Gas Fires/Cookers
General Plumbing

Local, Efficient Heating and Plumbing Service

ALL MAJOR WORK COVERED BY WARRANTY

CORGI Electrical

01673 878977
07533 942226

OFTEC Registered Technician

WARM OIL BOILERS

OFTEC Registered Business

Boiler Servicing & Repairs

Family Run Business

01673 842623

01673 878629

Email: warm@live.co.uk

Market Rasen

IAN SMITH
BUILDING SERVICES
Est 1988

Qualified Builder

For a competitive quote on
New work · Extensions
Roofing · Plastering
Patios and driveways
PVCu Fascias and gutters
Floor and wall tiling

Phone Ian
on
Snitterby
01673 818614



Our **local** care team has been providing award winning quality homecare since 1989.

A family run company we offer you a **one-to-one** full-time Live-in Care service that enables you or your loved one to remain at home with compassion and dignity by assisting with: personal care, companionship, errands and housekeeping.

So if you are looking for an **alternative to residential care** or as a **short term answer** whilst recovering from illness or operation - then we're here to help.

To find out how we can help, call: **0808 180 1016** or visit: **www.helpinghands.co.uk**

T.M.MANNION

Electrical Contractors

N.I.C.E.I.C. Registered

Domestic, Agricultural
and Industrial installations

Security Lighting

Tel: 01673 878585

Brand Consultants
Advertising
Brochures
Stationery
Leaflets
Websites
Emailers
Catalogues
Annual Reports
Signage & Livery
Exhibition Design
Banners & Flags
Direct Mail
Packaging
Logos

IN SYNC DESIGN
Print & Web Solutions

Promote your business
Achieve measurable results
Design, Print, Web
PR & Marketing

info@insyncdesign.co.uk
View our on-line portfolio
www.insyncdesign.co.uk
Skittlestone Cottage, Normanby By Spital LN8 2EB
01673 878 486

hk HEMSWELL KITCHENS

A full new kitchen or refresh with new doors.....
We can help you transform your kitchen.
Free no obligation design service.
Supply only, or supply and fit.



Tel: 01427 667 450
www.hemswellkitchens.co.uk
The Hemswell Cliff Business Centre DN21 5TL
info@hemswellkitchens.co.uk

elixir
bathrooms
SUPPLY • DESIGN • INSTALL

01522 87 87 86
A family run business in Lincoln since 1999
The Pelham Centre, Canwick Road, Lincoln LN5 8HG
www.elixir-bathrooms.com

COTTINGHAM LEGAL
WILLS AND PROBATE
We care..... Because you do!

The Society of Will Writers



Carmen Cottingham
LL.B (Hons) ACILEx MSWW
(8 years experience)
Wills and Lasting Powers of Attorney
www.cottinghamlegal.co.uk
info@cottinghamlegal.co.uk
Tel: 01673 878790, 07584178130

SIGNPOST ADVERTISING RATES

Size	Per Issue
1/6 A5 page (60 mm x 60 mm)	£6.00
1/3 A5 page (60 mm x 122 mm)	£12.00
2/3 A5 page (122 mm x 122 mm)	£24.00
Full A5 page (122 mm x 184 mm)	£36.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

FLYER DELIVERY WITH SIGNPOST

Delivery of flyers with Signpost is £25.00.
Printed flyers must be delivered to our distributor by the 18th of the month.

CONTRIBUTORS - PLEASE NOTE

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

MOBILE LIBRARY

Normanby by Spital	**Council Houses**	**12:30 - 13:00**	**Wednesdays 25 Nov 23 Dec**
Hackthorn	**School**	**14:00 - 14:30**	
Full details, enquiries and renewals: 01522 782010			

POST OFFICE OPENING TIMES

Glentham	**Monday**	**09:00 - 11:30**
	Thursday	**14:00 - 16:00**
Normanby & Owmby 01673 878353	**Monday - Friday**	**07:30 - 19:30**
	Saturday	**08:30 - 19:30**
	Sunday	**09:00 - 16:00**

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the "Local Info" category in the news section of the website. Send an email to steve@owmbygroup.co.uk with all the details.

DISCLAIMER

Signpost Magazine tries to offer its readers a wide range of articles by accepting submissions from third parties. However, please bear in mind the editor and staff will not check facts or references of submitted materials. As a result we cannot and do not guarantee the accuracy, completeness, or validity of the information supplied by the said third parties. Unless specifically requested, submitters will have their name attached to their articles and accept full responsibility for the accuracy and content of those articles.

Contact the editor for full terms and conditions of submitted articles and events.

The editor strives to provide complete reader satisfaction by editing and proofreading the magazine to the highest standard. However, he is only human and therefore is unable to guarantee that all stories are 'perfect' and 'error free'.

USEFUL TELEPHONE NUMBERS

Adviceline Lincolnshire	08444 111444
Alcoholics Anonymous	01159 417100
Anglian Water	08457 145145
British Rail	08457 484950
Bus Enquiries	08456 050605

Charities

Age Concern	01507 524798
Help the Aged	0808 8006565
Royal British Legion	01673 860363
Samaritans	08457 909090
Chemist, Boots	01673 843336

County & District Councils

LCC	01522 782070
WLDC	01427 676676
Crimestoppers	0800 555111

Doctors

Ingham	01522 730269
Hibaldstow	01652 650580
Market Rasen	01673 843556
Test Results	01673 840256
Dispensary	01673 840254
Welton	01673 862232
Environment Agency	0800 807060

Hospitals

Lincoln	01522 512512
Gainsborough	01427 816500
Louth	01507 600100
Market Rasen Mail	01673 844644
NHS Direct	08 45 46 47







LOCAL CONTACTS

OWMBY GROUP MINISTRY TEAM

Contacts for ministry matters e.g. baptisms, weddings, service arrangements, home visits etc.
Email addresses can be found at http://owmbygroup.co.uk/contacts.html

Parish Priest	**Vacant**	
Local Priest	**Revd Sally Turnbull**	**01673 862764**
Local Priest	**Revd Bill Williams**	**01522 730365**
Local Priest	**Revd Dr Julia Hepburn**	**01522 526120**
Local Priest	**Revd Sue Deacon**	**01522 730167**
Authorised Local Ministers	**Viv Bailey, Anne Hunter, Liz Harris, Peter Atkinson, Rosemary Cox, Julie Harrison, Sue Doar**	

CHURCHWARDENS

Contacts to do with church or churchyard matters

Glentham	**Pat Beat**	**01673 878260**
	Robert Rowe	**01673 878717**
Hackthorn	**William Cracroft-Eley**	**01673 860738**
	Anne Ward	**01673 861821**
Owmby	**Liz Harris**	**01673 878829**
Saxby	**Rosemary Cox**	**01673 878258**
	Chris Neave	**01673 878820**
Spridlington	**Claire Marris**	**01673 861127**
	Paul Crossland	**01673 861624**

VILLAGE HALLS - BOOKING & INFORMATION

Glentham	**Margaret Cromack**	**01673 876242**
Hackthorn	**Bonnie Burzynska-Burrin**	**01673 860920**
Normanby-by-Spital	**Caroline Vernall or Lynda Watson**	**01673 878216**
Spridlington	**Jo Howard**	**01673 862015**

PARISH COUNCIL CLERKS

Glentham	**Jo Trotter**	**01673 838690**
Normanby	**Nadine Fox**	**01673 878148**
Owmby	**Charlotte Wright**	**01673 838151**
Spridlington / Hackthorn	**Maria Wass**	**01673 861847**

SIGNPOST TEAM

Editor & Advertising Manager	**Steve Harvey**	**07835 429439**
Treasurer	**John Fox**	**01673 878148**
Distribution	**Susan Catignani**	**01673 878079**

What's On Guide

Day / Date		Time	Function	Venue
Tues	1	2:00 p.m.	Knit & Knatter	Glentham Village Hall
Tues	1	2:00 p.m.	Computer Group	Glentham Village Hall
Tues	1	7:30 p.m.	Glentham & Caenby Tapestry Group	Trap House, Glentham
Wed	2	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	3	10:30 a.m.	Ss Peter & Paul Church Coffee Morning	Owmby Church
Thurs	3	7:00 p.m.	Hackthorn History Group Open Meeting	Hackthorn Village Hall
Thurs	3	7:30 p.m.	Owmby and Normanby WI	Normanby Primary School
Sat	5	7:30 p.m.	Folk Night	Glentham Village Hall
Wed	9	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	10	7:00 p.m.	Presence Prayer & Bible Study Group	Tilsit, Glentham
Thurs	10	7:30 p.m.	Christmas Rose Bowl Quiz	Glentham Village Hall
Sat	12	9:00 a.m.	Men's Breakfast	The Crown, Glentham
Sat	12	10:00 a.m.	Hackthorn Coffee Morning	Hackthorn Village Hall
Mon	14	2:00 p.m.	Glentham 55+ ClubChristmas Lunch	Glentham Village Hall
Tues	15	10:30 a.m.	St Peter's Christmas Coffee Morning	Prospect House, Glentham
Wed	16	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Wed	16	10:30 a.m.	St Hilary's Christmas Coffee Morning	Spridlington Hall
Wed	16	7:30 p.m.	Whist Drive	Lindum House, Normanby
Fri	18	6:30 p.m.	Promenade Nativity	Hackthorn Church
Fri	18	8:00 p.m.	Christmas Draw	Hackthorn Village Hall
Wed	23	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	24	4:00 p.m.	Crib Service	Owmby Church
Sun	27	11:00 a.m.	Christingle and Carol Service	Owmby Church
Wed	30	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
JANUARY				
Wed	6	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Sat	9	9:00 a.m.	Men's Breakfast	The Crown, Glentham
Sun	10		St Hilary's Day Breakfast	Spridlington Village Hall
Wed	13	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	14	7:00 p.m.	Presence Prayer & Bible Study Group	Tilsit, Glentham
The latest date for entries to the February 2016 Signpost is Friday the 15th of January at 6:00 p.m.				
Sat	16	9:30 a.m.	Sugar & Spice	The Willows, Glentham
Tues	19	2:00 p.m.	Knit & Knatter	Glentham Village Hall
Wed	20	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Wed	20	10:30 a.m.	St Hilary's Coffee Morning	Ash tree Cottage
Wed	27	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	28	7:00 p.m.	Presence Prayer & Bible Study Group	Tilsit, Glentham

Printed by: Pelican Trust, 20-22 Crofton Road, Lincoln, LN3 4NL. Tel. 01522 513533